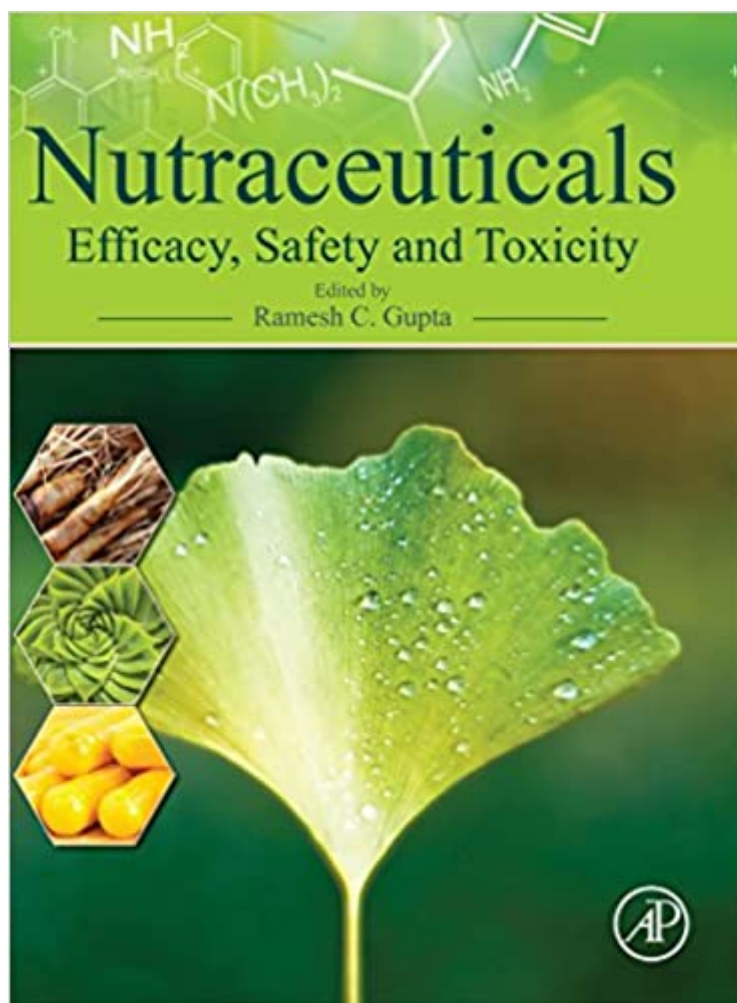


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# Nutraceuticals: Efficacy, Safety And Toxicity



## Synopsis

Nutraceuticals: Efficacy, Safety and Toxicity brings together all current knowledge regarding nutraceuticals and their potential toxic effects as written by the scientists at the forefront of their study. Users will find an introduction to nutraceuticals, herbal medicines, ayurvedic medicines, prebiotics, probiotics, and adaptogens, along with their use and specific applications. This essential reference then discusses the mechanism of action for the judicious use of these nutraceuticals and the best tools for their evaluation before detailing the safety and toxicity of nutraceuticals and their interactions with other therapeutic drugs. Finally, and crucially, regulatory aspects from around the world are covered, providing a comprehensive overview of the most effective tools for the evaluation, safety, and toxicity of nutraceuticals, prebiotics, probiotics, and alternative medicines. Grants an overview of the current state-of-the-science of nutraceuticals, their use and applications, and known adverse effects Provides effective tools to evaluate the potential toxicity of any nutraceutical Includes details of regulatory issues as written by international experts

## Book Information

Hardcover: 1040 pages

Publisher: Academic Press; 1 edition (February 5, 2016)

Language: English

ISBN-10: 0128021470

ISBN-13: 978-0128021477

Product Dimensions: 8.5 x 2.1 x 11 inches

Shipping Weight: 6.8 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #856,287 in Books (See Top 100 in Books) #110 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Basic Sciences > Toxicology](#) #192 in [Books > Medical Books > Pharmacology > Toxicology](#) #690 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Basic Sciences > Pharmacology](#)

## Customer Reviews

"This is the first comprehensive book on nutraceuticals involving timely topics such as fenugreek. The book covers various aspects of nutraceuticals, including efficacy, safety and regulatory status. It will be an immense resource for researchers, toxicologists, clinicians and regulators engaged in the area of nutraceuticals." -- Dr. Ramesh C. Garg, Abbvie "This book is a great contribution to our understanding of naturally derived nutraceuticals and how they relate to human health. In the era of

legal cannabis, this book highlights many of its beneficial properties, which have been overlooked for nearly a century." -- Dr. Joshua Hartsel, Delta-9 Technologies, San Diego, CA, USA

Dr. Ramesh C. Gupta, Professor & Head of Toxicology Department at Murray State university, is engaged in experimental brain research in relation to Alzheimer(s) disease (AD) and pesticide toxicity. He has delivered lectures in Australia, Italy, Japan, Germany, France, Switzerland, Spain, Czech Republic, China, South Korea, and Sweden. He served the panels of NIH, CDC, NIOSH, and NAS. He has >350 publications to his credit, including six major books: (1) Toxicology of Organophosphate and Carbamate Compounds, (2) Veterinary Toxicology: Basic and Clinical Principles, (3) Handbook of Toxicology of Chemical Warfare Agents, (4) Anticholinesterase Pesticides: Metabolism, Neurotoxicity, and Epidemiology, (5) Reproductive and Developmental Toxicology, and (6) Biomarkers in Toxicology. He is recipient of Murray State University's distinguished researcher award of the year-2006. He is a diplomate of American Board of Toxicology, and fellow of American College of Toxicology, American College of Nutrition, and Academy of Toxicological Sciences.

Very large volume, with comprehensive and technical information clearly made for physicians and health care professionals.

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